

# BULLETIN No. 6

The British School of Costa Rica  
6th of March, 2026



## UPCOMING DATES

Saturday 7th March:	Start of Lincoln Model United Nations (MUN)
Monday 9th March:	Start of Student Council Propaganda Week (Secondary)
Tuesday 10th March	Start of Year 6 MEP Diagnostic Tests
Thursday 12th March:	Year 3 Exit Point
Saturday 14th March:	SATs
Tuesday 17th March:	Year 4 Exit Point
Friday 20th March:	Early Years 3 Exit Point
Saturday 21st March:	Gran Classic Race
Friday 27th March:	Last day of Quarter 1



## BSCR NEWS - GENERAL

### International Fair

We would like to thank all members of our Learning Community who attended our annual International Fair on Saturday. It was lovely to see so many members of our Community come together to raise funds for our student's service learning projects (we will share the amount that was raised in next week's bulletin). We would particularly like to thank all staff members, parents and students who worked extremely hard both before and during the event to make it such a success.

### XXXVII Grand Classic Race

We would like to remind you that registration for the XXXVII Grand Classic Race began on March 5th and will continue until next Sunday, March 8th, through our website. We look forward to experiencing this important event together once again. If you have any questions, please write to [clubs@bscr.ed.cr](mailto:clubs@bscr.ed.cr)

## BSCR NEWS - EARLY YEARS & PRIMARY



### Tea & Talk (about Learning)

Last Friday saw the launch of the new initiative in Primary designed to allow Mr Mallon to spend some quality, informal time with students, to talk about their learning, whilst enjoying a cup of traditional British tea and biscuits. Congratulations to the following Year 5 students who were nominated by their teachers

Elena Quiros (5A)  
Alberto Arrieta (5B)  
Alejandro Gamboa (5C)

Next up: Year 3!

### Primary Assembly

Aligning closely with our school mission statement of "developing globally aware students," our Y1 - Y5 enjoyed a wonderful assembly on Monday where they learnt all about Germany and Ireland. The presentations were led by our visiting ITEPs students, Megan Haupt and Anna Heller who spoke with great passion and insight about their home countries, ensuring our students learned some amazing and fun facts about the respective countries. A very insightful experience for everyone present.



### First Anti-Bullying Ambassadors Workshop: "Conflict vs. Bullying"

We are thrilled to have held our first Anti-Bullying Ambassadors workshop, focused on understanding the difference between a conflict and a bullying situation. Students analyzed the characteristics of each case, reflected on warning signs, and delved into the importance of respect, empathy, and assertive communication.

Additionally, they reinforced their roles as Anti-Bullying Ambassadors, embracing the responsibility of being positive role models and active agents in promoting a safe and respectful environment. During the session, they participated in role-plays and case studies, allowing them to apply what they learned in a practical and meaningful way.

We remain committed to developing leaders who contribute to the well-being of our entire educational community.



## BSCR NEWS - SECONDARY

### House board Competition

Congratulations to all those involved in the House Board competition that took place this quarter. All four excellent board designs were exhibited at The International Fair and were judged by the Senior Management Staff and Head of Departments who had a very difficult task of choosing the winner.

At the International Fair the final decision was announced, that Irazu won first place, followed by Poas in second place, Barva in third place and Arenal in fourth place. Well done to each of the following artists on their hard work and dedication in creating outstanding designs for all the boards.



<b>Barva:</b>	Gabriela Martinez (Y11), María José Alfaro (Y11), Mathias Ugalde (Y10), Nina Brohl (Y10)
<b>Arenal:</b>	Karina Saenz (Y11), Angelica De Castro (Y11), Gabriela Mora (Y11), Tal Piacentini (Y11), Juana Hitt (Y11), Daniela Arguedas (Y10)
<b>Irazu:</b>	Marcella Patel (Y12), Abigail Álvarez (Y11), Jimena Orlich (Y11), Naima Álvarez (Y8)
<b>Poas:</b>	Sally Fung Year (Y12), Lucia Saenz (Y12), Valentina Rojas (Y11), Nicole Alvarado (Y11)

## BSCR NEWS - Student Development Services (SDS)

### Neurodiversity Week

During the week of March 16-20, we will be holding Neurodiversity Week at our institution. The goal is to promote learning and awareness within the educational community about the different ways people may process information, learn, feel, and relate to their environment. We will be exploring different types of neurodivergence and sharing strategies that can be applied at home. This week we will address Attention Deficit Hyperactive Disorder (ADHD).

According to Dr [Shirin Hasan](#), from Medically Reviewed, ADHD makes it harder for children to develop the skills that control attention, behavior, emotions, and activity. As a result, students often act in ways that are hard for parents to manage. For example, because they are Inattentive, children with ADHD may seem distracted, unable to listen, and have trouble paying attention; because they are hyperactive, children with ADHD may climb, jump, or roughhouse when it's time to play quietly or make careless mistakes at home and school.

### How can BSCR-Parents help?

- Know how ADHD affects your child
- Break activities/instructions down into single step processes
- Discipline with purpose and warmth to promote understanding rather than punishment
- Set clear expectations
- Spend special time together every day as your relationship with your child matters most

For more information about ADHD you may consult SDS staff and the webpage: [Parenting a child with ADHD](#)