

BULLETIN No. 3

The British School of Costa Rica
13th of February, 2026



UPCOMING DATES

- Wednesday 18th February: EY3 Field Trip to the Butterfly Kingdom
- Wednesday 18th February: Mentors Leadership Workshop at Lead University
- Friday 20th February: School closed - staff training day
- Saturday 28th February: International Fair
- Wednesday 4th March: Start of Year 9 Camp



BSCR NEWS - GENERAL

International Fair

We would like to invite all members of our Learning Community to our annual International Fair, which is on Saturday the 28th of February. This year's theme is 'Towards a Sustainable Future!'.

BSCR NEWS - EARLY YEARS & PRIMARY

Primary Student Council 2026

Congratulations to the following students who have been elected to serve on the Primary Student Council 2026:

Alejandro Mora (Year 1A), Juliana Rodríguez (Year 1B), José Daniel García (Year 2A), Miranda Ballar (Year 2B), Elena Chaverri (Year 2C), Federico Yglesias (Year 3A), Javier Cordero (Year 3B), Mariano Rodríguez (Year 4A), Débora Soto (Year 4B), Santiago González (Year 4C), Federico Sotela (Year 5A), Felipe Monge (Year 5B), Roberto Bonilla (Year 5C).



Poetry Competition Winner

Congratulations to Anahat Marwaha (Year 1) on winning first prize in the Under 12 category of the Poetry Recitation and Essay Competition which was organised by CRIA (Costa Rica-India Association) to celebrate Hindi language. Anahat's winning poem, written in Hindi, was entitled 'Health is Wealth'.

Assessment Committee and Discipline Committee Email Addresses

Due to an error in last week's bulletin, we would like to clarify the correct email addresses for our Primary Assessment and Disciplinary Committees. We sincerely apologize for any inconvenience caused:

Discipline Committee: disciplinarycommitteeprimary@bscr.ed.cr
Assessment Committee: pas@bscr.ed.cr

BSCR NEWS - SECONDARY

Year 10 English Language Cambridge exams

On February 17-19 the Year 10 students will test their English language skills to obtain an additional international language certification, according to the Common European Framework of Reference for Languages. This test assesses their current skills of Reading and Use of English, Writing, Speaking and Listening. There is no need for students to further prepare for this test. This certification will further support our students in their future national or international plans for university or work. It is essential that they bring an official ID (national cedula, DIMEX or passport) in order to be allowed into the examination room. The school ID, photocopies or scans will not be accepted.

Inspiring Future Scientists: Dr. Nerea Garitano Visits Our School

This week, we welcomed Dr. Nerea Garitano, a biochemist and Doctor in Applied Medicine and Biomedicine from the Universidad de Navarra in Spain. Dr. Garitano shared valuable insights into fascinating scientific topics through two presentations for our Year 11 and Year 12 students. Year 11 students attended a presentation titled "Sustainability: The Challenge of the 21st Century," while Year 12 students attended a conference entitled "A Journey Through Genetics." Students also had the opportunity to learn more about the Universidad de Navarra, a popular university destination for students from The British School of Costa Rica.

BSCR NEWS - Student Development Services (SDS)

Positive and Healthy Relationships

On the occasion of Friendship Day, we would like to share some ideas about how we can foster positive and healthy relationships in our children:

1. **Model Behavior:** Parents should demonstrate kindness and respect, especially during conflicts, so children replicate these behaviors.
2. **Avoid Teasing:** Negative talk or validation of teasing teaches children that such behavior is acceptable.
3. **Encourage Expression:** Allowing emotional expression boosts empathy and self-esteem, particularly during disagreements.
4. **Set Boundaries:** Clear boundaries ensure respect and promote healthy social interactions.
5. **Develop Assertiveness:** Teach children to express opinions assertively to prevent aggressive or passive behaviors.
6. **Support Adolescents:** For teens, maintain open communication about friendships while respecting their autonomy. Guide them in digital interactions as they relate online.

Remember that this guidance is an ongoing process that requires emotional closeness and active parental presence.